



You don't have to be a member of the Knights of Columbus to come to the retreat. And, you don't have to join afterwards either. We want you to experience authentic Catholicism for men and let God lead you where He will.

The retreat will be led by Father Eric Rodrigues of the Archdiocese of Toronto. Father Eric obtained a licentiate in theology from the Pontifical Gregorian University, and is currently completing his doctoral dissertation. In addition to being the pastor of Holy Name parish, Father Eric teaches Systematic Theology at St. Augustine's seminary. He is friendly and approachable and is enthusiastic about leading us in the retreat. We are very fortunate to have him!



Authentic Catholicism for Men

What does this mean for me?

God made you male. Your masculine nature is a wonderful gift from God. Certainly, nothing to be ashamed of. Of course, you must direct your passions toward the good. Through his Church, God wants you to respond to His call. He wants you to carry your cross with humility and love. He wants you to honour your wife and serve your family. After these priorities, He wants you serve your neighbour. During this Lent, come to the Men's Retreat and reflect on your mission in life, what God's call is for you.

After the Virgin Mary, St. Joseph may be the greatest saint in the Church. There is example after example of miracles attributed to the intercession of St. Joseph. It is no wonder that so many have a devotion to St. Joseph.

Life for a husband and father is full of challenges. The ones that St. Joseph faced were daunting. Yet, St. Joseph was open to God's will in his life regardless of the circumstances. He remained faithful and demonstrated true masculine leadership. We can learn from St. Joseph's example in how we approach the adventure of life and the difficulties of each day. There is a reason why St. Joseph is referred to as the model of workers, terror of demons, protector of Holy Church, etc.

Men's Lenten Retreat
Sat, Feb 28, 2026
9:00am - 1:00pm
Good Shepherd
Catholic Church
21 Simonston Blvd.,
Thornhill

Agenda

9:00am Mass;

9:30 -11:45am Father Eric talks,
Exposition; Opportunities
for Confession; Rosary

11:45am - 1:00pm Lunch (no charge) + What
the Knights are All About

To register, contact Chris Naus at
DD77@ontariokofc.ca or 416-526-3589

A retreat during Lent is
soothing for the soul

